



## ***NDV Welfare Statement***

**North Devon Velo's Club Welfare Officer is there to listen if you need someone to talk to or are concerned about someone's safety.**

North Devon Velo takes its duty of care for our junior and juvenile members extremely seriously. Activities for young riders should be fun, safe, and take place in a supportive club environment.

Every child shall be treated as an individual and every attempt made to cater to their differing physical abilities and emotional needs.

If you have any concerns about any members, officials, coaches or any other persons who you come across as a result of the club's activities, and feel you cannot approach the person concerned you must contact the Club Welfare Officer or any other official or coach in the club. Choose someone you trust. This applies to even if the concern seems minor and trivial.

In the unlikely event of any problem, please contact our Club Welfare Officer, Maxine at [info@northdevonvelo.com](mailto:info@northdevonvelo.com) to discuss your problem.

NDV operates under the umbrella of British Cycling and full details of their welfare policies can be found at [www.britishcycling.org.uk/safeguarding](http://www.britishcycling.org.uk/safeguarding)

## **A YOUNG PERSON'S GUIDE TO CHILD PROTECTION**

You have rights. Cycling should be fun. You should be safe and enjoy your sport. You can't do that if you feel unhappy – if someone is bullying or abusing you. So how can you identify if something is wrong?

### **- You know something is wrong if someone:**

- Constantly teases you, shouts at you or calls you names;
- Makes suggestive remarks or tries to pressurise you into sexual activity;
- Threatens, hits, kicks or punches you;
- Damages or steal your belongings;
- Touches you or does anything in a way that makes you feel uncomfortable;
- Does anything that makes you feel lonely, worried, unsafe, hurt or embarrassed.

### **- To keep safe always:**

- Tell someone you trust, so they can help you;
- Travel with a friend, avoid travelling in someone else's car by yourself.

- Trust your instincts about people you meet.
- Avoid going to other peoples' homes by yourself.
- Avoid being alone or with just one other person.
- Carry a mobile phone, phone card or change.

**- If you are bullied or abused, it is not your fault. If this is happening to you, try to:**

- Be firm and tell the person to stop – make a lot of noise to attract attention.
- Keep a note of the date, time and place, what happened, how you felt and the name of anyone who may have seen what happened.
- Get away from the situation quickly, go to a public place to find help or call the Police (999)
- Call your Club Welfare Officer or use the 24-hour free telephone help line: Childline 0800-1111
- Tell your parents/guardians/carers, the Club Welfare Officer or an adult who you can trust what has happened as soon as possible.

**NDV's Welfare Statement was updated on 18th January 2023. We may update this welfare statement from time to time where we deem appropriate and necessary to ensure the safeguarding of the club and its membership.**